CLAIMS

What is claimed is:

1. A prodrug of the formula:

where A is a sulfur or a selenium, and R is derived from a mono- di- or oligo- saccharide.

- 2. A prodrug of Claim1 wherein R is derived from ribose, galactose, glucose, or mannose.
 - 3. A prodrug of the formula;

where A is sulfur or selenium,

R' is derived from a sugar and R' has the formula (CHOH)_nCH₂OH, where n is 1 to 5, or R' is an alkyl or aryl group, or

R' is =0, and

the R" groups may be the same or different and may be hydrogen, alkyl, alkoxy, or carboxy.

- 4. A prodrug of Claim3 wherein R' is methyl, ethyl, benzyl, carboxyl, phenyl, polyhydroxyalkyl.
 - 5. A prodrug of Claim3 wherein R" is hydrogen, acetyl, methyl or ethyl.
 - 6. A conjugate of an antioxidant vitamin and a thiolamine or selenolamine.
- 7. A conjugate as in Claim6 wherein the antioxidant vitamin is Vitamin C or Vitamin E.
- 8. A conjugate as in Claim6 wherein the thiolamine or selenolamine selected from or a derivative of the group comprising cysteine, cystine, cysteamine, cystamine, glutathione, selenocysteine, selenocysteamine, selenocysteine, selenocysteine, wR-1065, and WR-33278.
 - 9. A prodrug of the formula;

where A is sulfur or selenium, and

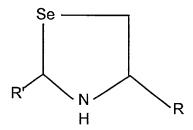
R' is derived from a sugar and R' has the formula (CHOH)_nCH₂OH, where n is 1 to 5, or R' is also be an alkyl or aryl group, or

R' is =0, and

R[‡] is an alkoxy, or an amine group.

- 10. A prodrug as in Claim 9 wherein R[‡] is -OR¹ where R¹ is ethyl, or methyl.
- 11. A prodrug as in Claim9 wherein R' is methyl, ethyl, benzyl, carboxyl, or phenyl.

- 12. A prodrug as in Claim9 wherein R^{\ddagger} is -NR $^{\dagger}_{2}$, wherein the R^{\dagger} groups are the same or different and are hydrogen or alkyl.
 - 13. A prodrug as in Claim12 wherein at least one R^{\dagger} is methyl.
 - 14. A prodrug of the formula:



R is COOH or H, and

R' is derived from a sugar and R' has the formula $(CHOH)_nCH_2OH$, where n is 1 to 5, or R' is an alkyl or aryl group, or R' is =0.

15. A prodrug of Claim14 wherein R' is methyl, ethyl, benzyl, carboxyl, or phenyl.